

Family Support Center Program

Federal Occupational Health (FOH) works in partnership with the Department of Defense (DoD) agencies to support and enrich the quality of life of military members, their families, and civilian personnel. The Family Support Center (FSC) Program provided by FOH assists DoD agencies to provide their military members and civilians with mandated Family Programs as required under DoD Instruction Number 1342.22, *Family Centers*. All FSC services are provided in accordance with applicable DoD Instructions and military service-specific regulatory guidance. FOH's FSC functions include:

Relocation Services

Relocation services facilitate the cultural transition and adjustment of mobile military families. FOH provides the following:

Newcomer Support and Pre-departure Services

Newcomer orientations provide pre-arrival assistance, local area tours, and installation overviews to familiarize newcomers and their families with installation services and activities. Pre-move support facilitates the moving process for outgoing military members and their families. The FSC also maintains an inventory of basic household items to loan to military personnel and their families as they relocate.

Sites

A web based database, the Standard Installation Topic Exchange Service (SITES) contains information on installations worldwide. SITES information is maintained and kept updated.

Financial Assistance Program

The Financial Assistance Program includes emergency financial relief programs associated with each military service, is designed to provide basic financial skills training, and to promote consumer awareness. The FSC provides educational sessions on various consumer issues, listings and explanations of insurance services, telephone and walk-in financial counseling, and Volunteer Income Tax Assistance. Services include:

Consumer Information

FOH FSCs maintain an extensive resource center consisting of pamphlets, booklets, and information fact sheets on a variety of consumer issues.

Personal Financial Management Classes

FSCs provide both mandatory and informational classes on personal financial management

Emergency Financial Assistance

Emergency financial assistance, provided to active duty and retired military members, and their families includes interest-free loans or monetary grants. FOH FSCs provide assistance to personnel from all branches of service through Army Emergency Relief, Navy-Marine Corps Relief Society, Air Force Aid Society, and Coast Guard Mutual Assistance.

Transition and Employment Assistance

Transition Assistance and Employment Assistance programs offer access to career counseling as well as access to job placement services for service members who are pending separation or retirement, as well as family members who have been displaced as a result of the mobile military lifestyle. The FSC provides training sessions in employment preparation and search skills, informational and recruitment presentations, data banks of employment opportunities, educational and volunteer opportunities, job fairs, and job seekers support groups.

Family Advocacy Program

FOH's FSC program is designed to adhere to each military branch's unique programmatic nuances. The Family Advocacy Program works with individuals and families to strengthen family relationships and prevent child and spouse maltreatment in accordance with DoD Directive 6400.1, Family Advocacy Program. Services associated with the Family Advocacy Program include the coordination of emergency shelter for at risk family members, respite care as a preventive measure for parents in stressful child-rearing situations, new parent support programs, victim advocacy, Transitional Compensation, and a variety of workshops and classes designed to enhance interpersonal skills.

Exceptional Family Member Program

The Exceptional Family Member Program provides services to military families who have family members with physical, emotional, developmental, or intellectual disabilities. The FSC coordinates services for relocating families. It also serves to help military members locate resources and support for family members with special needs.

For over half a century, FOH has delivered high quality occupational health services to Federal managers. FOH's knowledge of the Federal workplace, combined with strategic partnerships with professional health, environmental and safety organizations, enables FOH to help other Federal organizations maintain a safe and healthy workplace. FOH has created a team of professionals that is unparalleled in its ability to work within the Federal structure, yet remains as flexible and innovative as any private sector provider.

Through convenient interagency agreements, FOH's Clinical Services, Wellness/Fitness Programs, Environmental Health Services, and Employee Assistance and Work/Life Programs can provide your agency with a comprehensive occupational health program that saves you time and money. Our ability to customize services enables you to integrate components of our services with existing programs, enhancing their impact and ensuring that your agency meets its obligation to provide a safe and healthy workplace.

Make Federal Occupational Health your partner in building a healthier, more productive work force. For more information, please visit us at www.foh.dhhs.gov or call us today at **1-800-457-9808**.

Because you need a healthy work force. And we can help you build one.

healthy bodies ❖ sound minds ❖ a safe place to work